

# Care Guide

RYE beds are made to last for generations. We only use quality materials and process those with all due care. We basically believe that it is important to invest in sleep. The consequences are that you buy less, but of better quality, and that you maintain your product carefully. We wish to consider the bed an object that follows you throughout your life and, therefore, recommend a thorough but simple maintenance routine.

## **Wooden beds**

Like man, wood breathes. It is a living material which is influenced by daylight as well as air humidity. The ideal relative air humidity for a solid-wood bed is between 30% and 60%. This means that the bed should not be placed too close to heat sources such as wood burning stoves or radiators, just like direct sunlight will cause the relative air humidity to decrease and potentially lead to the development of cracks.

## **Oiled beds**

We recommend oiling the bed 2-4 times every year.

Clean the bed with a clean, damp cloth that has been wrung out in warm water. Then leave the bed to dry.

Prior to applying the oil, polish the bed with fine sandpaper of grain 180-240 along the grain of the wood.

Apply the oil to a clean cloth or sponge and apply it in a fine layer along the grain of the wood.

Leave the oil to dry for approx. two hours and then remove any surplus oil with a clean, dry cloth.

Note: Cloths or sponges which have been used for oiling may potentially spontaneously ignite and, therefore, they should be stored in an airtight metal or glass container. This also applies if the cloth is discarded.

Day-to-day cleaning is done with a soft cloth wrung out in clean, warm water. Avoid using cleaning agents or chemical substances on the bed. Uneven application of water to the wood may cause cracks to develop and we therefore recommend that maintenance is carried out on all surfaces.

## **Soap-treated beds**

We recommend soap-treatment approximately every other month.

When soap-treating oak beds, the soap solution should not be too strong, as the soap will react with the tannic acid of the oak and cause it to darken.

Prior to applying the soap solution, polish the bed with fine sandpaper of grain 180-240 along the grain of the wood.

Shake the bottle with the soap solution and apply this with a dry cloth along the grain of the wood.

On soap-treating the bed, it is important to treat all surfaces, as uneven application of water to the wood may cause cracks to develop.

Leave the soap solution to dry for approximately ten minutes and then remove any surplus soap with a cloth, wrung out hard in warm water.

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Then leave the bed to dry.

If the wood rises after the first soap treatments, you should polish the bed with fine sandpaper of grain 180-240 along the grain of the wood.

After polishing the bed, it is important to give it a further soap treatment.

Day-to-day cleaning is done with a soft cloth wrung out in clean, lukewarm water. Avoid using cleaning agents or chemical substances on the bed.

## **Upholstered beds**

The durability of linen is unequalled. The long fibres of the material has a resistance to wear of 30,000-40,000 Martindale which means that the aesthetic quality is guaranteed for years. An upholstered bed should be protected against too much direct sunlight. However, with a light fastness of 5, linen is a textile which ages beautifully.

## **Cleaning**

We recommend maintaining your upholstered bed by carefully removing stains.

Place three to five layers of paper towel on the stain and apply pressure to let the paper soak up the liquid in the stain.

Repeat until the paper towel no longer soaks up liquid.

Then moist the stain lightly with lukewarm water – if the stain is bloody, use cold water. It is paramount that a minimum of water is applied.

When removing stains, it is important that the entire surface area of the bed is moistened as uneven distribution of water may cause discolouration.

Once the bed area has been moistened with water, the upholstery must be rubbed down carefully with a terry towel.

It may be necessary to repeat the process several times to completely remove the stain.

If the stain is not removed by the above treatment, then please contact a professional upholstery cleaner.

## **Mattresses, Top mattresses and Pillows**

The durability of 100% natural latex is of a quality that is not decreased by synthetic absorption. We recommend maintaining your mattresses and pillows as this may extend the lifetime of the products.

The core of the mattress comprises seven symmetrical comfort zones. This means that you should remove the cover from the mattress and turn the mattress over once every six months. This allows the pressure to be distributed around the mattress over time and contributes to an extended durability.

Both the mattress and the pillow covers are made of 100% organic cotton. The covers are removable and washable at 40°C. However, we recommend washing the covers at 30°C to put less strain on the environment. Stretch the ends of the covers after washing to prevent shrinkage. Then hang the covers to air dry.

We recommend that you use a mattress pad and a sheet in order to spare the mattress.

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## **Guidance on washing**

Regular washing of your textiles is often a matter of habit rather than hygiene. Over time, washing weakens textiles and opening the window and airing the bedroom often suffices. Think sustainably – which means that both your covers and your mattress pad will last longer, and your environmental impact will be smaller.

Choose a low temperature setting. Thanks to modern washing technology, washing at a lower temperature than that recommended will often suffice. This is gentler on both the textiles and the environment.

Fill up the washing machine – however, not entirely. Washing a single cover may be a waste of both water and energy. Instead, fill the machine but do not overfill it, as this will impact the quality of your wash.

Do eco-friendly laundry. Purchase eco-friendly laundry soaps without phosphates and whiteners. Do not use too much laundry soap as this has no beneficial effect.

Let your textiles air dry. When considering sustainable laundry, this is probably the most important decision. It will allow you to make significant energy savings and choose the best solution for your materials.